

Home hemodialysis (HHD) makes new tasks that you and your partner will need to fit into your daily life. You will need to sort out who will do each task. **It is best for you both if the person on dialysis (dialyzer) does as much of each treatment as s/he can.** This can help avoid partner burnout. You can change who does what over time. NOTE: This is a long list. Don't panic! You will learn each task in training.

HOW TO USE THE PATH-D: HHD

- Print two copies.
- You and your care partner each fill one out.
- Compare both lists to see where you agree.
- Talk through the tasks you don't agree on.
- Keep the lists. Re-do them from time to time if things change for you.

I am the: Dialyzer Partner

Date: _____

I see myself doing this much of the HHD treatment (circle the percent):

| | | | | | | | | | | |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| 0% | 10% | 20% | 30% | 40% | 50% | 60% | 70% | 80% | 90% | 100% |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|

| Task | Who will do the task | | |
|--|----------------------|---------|------|
| | Dialyzer | Partner | Both |
| 1. Order, track, and store supplies. | | | |
| 2. Test the water to be sure it is safe to use. | | | |
| 3. Gather what you need for the treatment. | | | |
| 4. Take vital signs (blood pressure, pulse, temp. & weight). | | | |
| 5. Note problems or symptoms. | | | |
| 6. Check to be sure the dialysis access site looks good. | | | |
| 7. Set up the machine and see that it is ready to go. | | | |
| 8. Turn on the machine and "prime" it with saline. | | | |
| 9. Prepare the fistula, graft, or catheter. | | | |
| 10. Put in the needles/connect catheter, tape down tubing. | | | |
| 11. Enter the treatment settings and start the treatment. | | | |
| 12. Take vital signs during treatment. | | | |
| 13. Give medicines during treatment. | | | |
| 14. Rinse back blood left in the dialyzer after treatment. | | | |
| 15. Take out the needles or unhook the catheter. | | | |
| 16. Hold the needle sites (if used) until bleeding stops. | | | |
| 17. Draw, label, and send blood for lab tests. | | | |
| 18. Wipe down the outside of the machine. | | | |
| 19. Break down trash boxes and throw them out. | | | |
| 20. Send treatment records to the clinic. | | | |