Climb with Us to the TOP!

Help Bring Home Dialysis to New Heights



Prepared by The Medical Education Institute, Inc. | April 2017

An Independent Guide Leading the Way!

friendly and can be used offline!

"While home treatments require extra effort, it is soooo worth it to get independence and control back in your life. Just be patient, go easy on yourself, you will get into the "groove" as I call it and wonder why you didn't do it years ago."

GETTING TO THE TOP IS A TEAM EFFORT!

Home Dialysis Central is all about leading the way for patients to have rewarding lives on dialysis. We advocate relentlessly for better patient education and treatment options awareness. We keep home dialysis on the map! Patients reap the rewards, and our sponsors benefit when more patients choose (and thrive on) PD and home HD.

"My wife puts in her own needles. Who better to know about her own fistula? We work together on everything else."

DID YOU KNOW?

The newest USRDS Annual Data Report shows that home HD is at the highest level since 2005, and PD is at its highest level since 1998!

A COMPASS FOR PATIENTS & FAMILIES

Home Dialysis Central continues to mark the trail for patients on their home dialysis journeys. We provide content, like:

- **Patient stories** Vistors can see which option people like them chose to make their lives work!
- **Detailed info** All about home dialysis (and in-center nocturnal HD), machines & supplies.
- Life@Home Dozens of easy-to-read, referenced articles for patients and care partners!
- Weekly blog Kidney Views had nearly 70,000 page views this year: a 26% increase!
- Ways to stay current E-newsletter, journal watch, and the latest news articles to stay current.

Also in the past year, we have distributed more than 10,000 free Home Dialysis Central and Decision Aid postcards.

"Be patient with yourself in training. They give you plenty of time to learn everything. Once you get home, remember you will make errors once in a while. Don't panic, and it will all be just fine. Soon you'll get to a point where you can do it in your sleep, literally. Nocturnal is the best!"

INNOVATIVE GEAR FOR PATIENTS AND PROFESSIONALS

My Life, My Dialysis Choice decision aid – Helps patients pick a treatment option that fits their values. Now also available in Spanish, it's mobile

UFR Calculator – See what a gentle rate of water removal during hemodialysis looks like—and adapt the treatments to be safer.

Partner Agreement on Tasks for Home Dialysis (PATH-D) Help patients and care partners sort out "who will do what" with PD or home HD.

Method to Assess Treatment Choices for Home Dialysis (MATCH-D) - Used across the nation by clinicians to assess candidates for home treatments.

Clinic Finder – Seek options in any zip code! Coverage maps show the reach of home treatments in the U.S., and **premier listings call attention to YOUR clinics**.

ORIENTEERING WITH SOCIAL MEDIA TO HELP PEOPLE STAY HOME Our very active closed Facebook discussion group.

of questions and vent if needed—it helps!"

Our very active closed Facebook discussion group, moderated by our Executive Director, supports more than 3,000 patients and care partners—and helps them stay home. (We have a Facebook identity page, too.) This year, Home Dialysis Central social media has drawn 16,000+comments and 15,000+ likes by 3,700+ followers.

"I just finished my second week at home. It's had its

up and downs, and it's getting better. If I couldn't

have asked questions in this group, I would have

gone back to in-center. They helped me through

training and the days I wanted to quit. So, ask tons

MORE CLIMBERS THAN EVER: Site Traffic Keeps Rising!

Per our Google Analytics, in the past year, Home Dialysis Central:

- Had more than 205,000 visitors (up 10%)
- Was visited 251,000+ times (up 11%)
- Had 761,000+ unique page views (up 9%)

MORE CLINICS OFFERING HOME PROGRAMS

IN-CENTER NOCTURNAL HD	155 CLINICS
NOCTURNAL HOME HD	294 CLINICS
CONVENTIONAL HOME HD	894 CLINICS
DAILY HOME HD	981 CLINICS
PD	2458 CLINICS



BRAND NEW CONTENT!

- 52 new blog posts, with more than 300 reader comments
- 12 months of e-newsletters, with 15% subscription growth since last year to more than 2,100 recipients!

HOME DIALYSIS CENTRAL NEEDS YOUR SUPPORT!



More than 100,000 people each year are diagnosed with kidney failure, and many might never find out that home dialysis is an option—if not for Home Dialysis Central. With your help, we can continue to EMPOWER LIVES THAT CAN BE LIVED TO THE FULLEST!

Your sponsorship dollars support our mission of taking home dialysis higher and further than ever before!

Your company will be recognized in the renal community for your generosity and commitment to empowering people with ESRD. Please sign and return your sponsor form today!

NEW SUMMITS TO CLIMB FOR HOME DIALYSIS CENTRAL

In the next year we plan on blazing new trails through new content and updates. Here's what's on the horizon:

- eGFR Equivalence Calculator How much kidney function does dialysis replace? It depends on the treatment. Since more is better, we are working on building a tool to help clinicians and patients understand how much dialysis is being prescribed.
- Fluid Compartments Video It's impossible to understand water removal in dialysis without knowing about the intracellular, extracellular, and intravascular compartments and how water shifts between them. We aim to show, not tell, and make this mysterious process easily seen!
- New *Life@Home* articles Topics about organ stunning, PD pain, and more.
- Forum update We will reorganize and design our Forums to make more of our content accessible to people who need it.

ALWAYS SEEKING NEW ADVENTURES

"I travel from Europe to the US on home dialysis 3-4 times a year. I am on my first trip this year right now and have at least two more planned."

Much more than a website, Home Dialysis Central is an advocacy movement for home-friendly dialysis messages and policy. In the past year, we put home dialysis on the program agenda for 14 national and regional meetings, and had an exhibit booth at seven.

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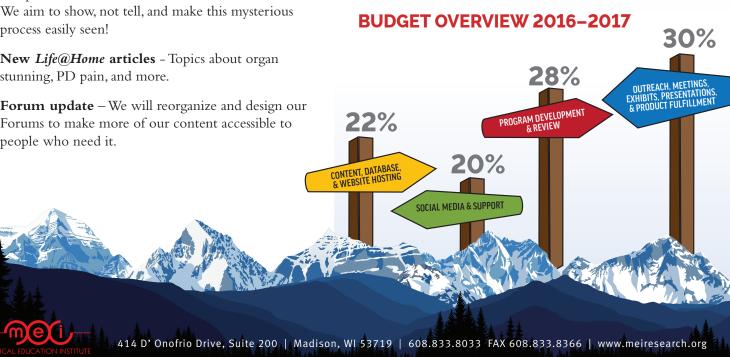
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